

# Shark Mini-Bites

A  
Publication  
of the  
AquaKids  
Swimming  
Programs

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Volume 7, Issue 6

**PLEASE  
DIGEST  
ALL  
YOUR  
BITES!**

Get the latest  
News & Info  
@

[aquakidsswim.com](http://aquakidsswim.com)

Practice,  
Weather  
or Not!

Weather looking threatening? Call the WCS pool cell phone @ 786-255-0284 for the status. Please call no sooner than 30 minutes prior to your practice or lesson time! If we do not answer, the voice-mail will have the latest available status.

Dusky,  
Hammerhead,  
Mako &  
Great White  
Sharks  
always  
practice!

*Busy, busy,  
busy but, it's  
not over yet!*

It has been an extremely busy summer! Not to mention a very fast summer. FAST in terms of it has just plain flown by and FAST in terms of the performances of our swimmers! Plus, it has been so busy, you haven't seen a "SHARK BITES" newsletter since April. For that, I truly apologize. I will attempt to catch up on all the news in a full edition of the August SHARK BITES. As for now please accept my apologies and this Mini Edition to kick off another busy month!

The improvement and performances by our CE and SHARKS swimmers have been great! Just go to the results page on the website to check out all the racing performances of our swimmers, then just look at the strokes of the swimmers in the water while they're practicing and you'll see the results of many hours of dedication, sacrifice and hard work from all those involved in our programs! It is so exciting to watch the development of our swimmers and the new levels of success they are reaching! We are the only "ground up" program in the county and we're working to see how high we can go! Our swimmers' greatest achievements lay ahead and we know they are being developed properly! Only if we had a larger pool!

We have formed an Aquatic Foundation to fund, construct

and operate a larger aquatic complex. We are making progress towards that goal. It will happen in the future! Just across the border in Broward County you'll find so many Olympic size aquatic facilities it will make you wonder! But, we are not waiting any longer. We're going to do it!

The fall brings us into the high school swimming season. For us, that means a practice schedule change. The Westminster Christian School Swim Team uses the pool during the season from 3:00-5:00 PM for practice (we have to let them use their own pool), so we must adjust our practice schedule. All lessons between 3:00 & 4:00 will be discontinued and almost all the 4:00 and later groups simply move 1 hour later! Please see the back side of this newsletter for further details! Thank you for your understanding and cooperation.

Please look for our fall events to be announced in the August SHARK BITES (on the web site sooner). They include our annual banquet, lap-a-thon (for a timing system), Halloween Costume practice, Turkey Shoot practice, and fall championships!

We finish our busy summer this month with the UM and Key West Meets plus, our *INFAMOUS FAMILY RELAY RACES!*

As always, Thank You for being a part of our program!

See you at the pool!

Coach Lou



The 2004 Edition  
of the  
FALL  
PRACTICE &  
CE LESSON  
SCHEDULE  
STARTS ON  
Monday, 8/16!

Full details  
are the back!

Remember it is only  
for 10 or 11 weeks!

Then it's back to the  
current regular  
schedule!



**SHARK FAMILY  
RELAY RACES!**  
Friday, August 13th  
Don't miss 'me!

**August SHARK & FAMILY RACES!**

Friday, August 13th: Warm-up @ 4:30PM!

# New Fall Practice Schedule

## Monday, August 16th through (approximately) November 1st!

On August 16th, all lessons & practices between 3:00 & 5:00 pm move to after 5:00 PM until (approximately) November 1st. This is due to the high school swimming season when the Westminster Christian School Swim Team uses the pool. Yes, we have to let Westminster Christian School swimmers use their own pool! There will also be some practice and lesson cancellations and postponements due to "HOME" swim meets for the high school team! You will be informed about these conflicts in each month's newsletter and announcements on the bulletin board! CE swimmers who chose not to swim during these months (8/16-10/31) may opt to pay for 1/2 of a month for August and only swim through August 13th! Prior notice must be received if you wish to take advantage of this offer. This schedule lasts for only 11 short weeks (maybe less depending on which meets the high school swimmers advance to) and then we return to our regular after school schedule. Thank you for your understanding and cooperation! Swimmers who participate on a year round basis see the greatest improvement and success.

For the most part, all 4:00 and later practices and lessons simply move 1 hour later than your current time. This is the most efficient way of accomplishing the task of moving group times! Please look at the following schedule for your swimmers' current group and their new practice or lesson time! To take advantage of the 1/2 of August Dues offer, you must notify us in writing by the payment/discount date of Thursday, August 5th! Thank you for your understanding and cooperation!

### Angel Sharks (Wall) Groups

M/W & T/Th 3:00 Groups	Discontinued; please choose a new time!
M/W & T/Th 3:30 Groups	Discontinued; please choose a new time!
M/W & T/Th 4:00 Groups	Moves to 5:00 PM!
M/W & T/Th 4:30 Groups	Moves to 5:30 PM!
M/W & T/Th 5:00 Groups	Moves to 6:00 PM!
M/W & T/Th 5:30 Groups	Moves to 6:30 PM!

### Sand (Half) & Bull (Full) Shark Groups

M/W & T/Th 4:00 - 4:45 PM	Moves to 5:00 - 5:45 PM!
M/W & T/Th 4:45 - 5:30 PM	Moves to 5:45 - 6:30 PM!

### Blue Sharks Group

T/Th 5:00-6:00 PM & Fri 4:30-6:00 PM Stays the same on T/Th and moves to 5:00-6:30 PM on Fridays!

### Dusky Sharks Groups

Group I	T/Th 4:00-5:00 PM & Fri 4:30-6:00 PM	Moves to T/Th 5:00-6:00 PM & Fri. 5:00-6:30 PM!
Group II	T/Th 5:00-6:30 PM & Fri 4:30-6:00 PM	Moves to T/Th 6:00-7:30 PM & Fri. 5:00-6:30 PM!

### Hammerhead Sharks Group

Group I	M-Th 3:30-5:00 PM & Fri 4:30-6:00 PM	Moves to M-Th 6:00-7:30 PM & Fri. 5:00-6:30 PM!
Group II	M-Th 4:00-5:00 PM & Fri 4:30-6:00 PM	Moves to M-Th 6:00-7:00 PM & Fri. 5:00-6:30 PM!

### Mako Sharks Group

M-Th 4:30-6:30 PM & Fri 4:30-6:00 PM Moves to M-Th 5:30-7:30 PM, Fri. 5:00-6:30 PM & Sat: 8-10:00 AM!

### Great White Sharks Group

M-T/Th: 5:30-8:00 PM & Fri. 5:00-6:30 PM!  
MWF: 5:00-6:30 AM or 6:00-7:30 AM!  
Sat.: 7:00-10:00 AM!

### Basking & Whale Sharks Group

MWF: 5:00-6:30 AM!  
MWF: 8:45- 10:00 AM!  
M-Th: 7:00-8:00 PM!  
Sat.: 7:00-8:00 AM!